

碧候溫泉  
Pyahaw Hot Spring南澳生態教育館  
Nan'ao Ecocenter泰雅文化館  
Nan'ao Atayal Museum

現在位置

樸豔辣椒美食文創館  
Pu Yan Lajiao Food Cultural and Creative Center朝陽國家步道  
Chaoyang National Trail朝陽漁港  
Chaoyang Fishing Port南澳農場  
Nan'ao Farm神秘沙灘  
Mystery Beach

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- 13 碳烤鮮肉胡椒餅
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- 16 金岳莎韻部落廚房
- 17 阿傑控肉便當店
- 18 南澳阿菊果園
- 19 茶籽堂 Cha Tzu Tang
- 20 南澳呷尚實早餐
- 21 南澳瑞麟美而美早餐店
- 22 南澳阿里豆漿
- 23 進昌藥局
- 24 鄉味津海鮮
- 25 南興冰店
- 26 十分之一・早午餐
- 27 我們的海產土雞城
- 28 南澳海岸繁養殖場(鱈龍魚)
- 29 天祝宮(立身媽祖)
- 30 南澳金城武樹
- 31 迷樂Me Love
- 32 鄭爺香腸
- 33 朝陽客來香
- 34 周臭豆腐

宜蘭縣政府 宜蘭旅遊服務中心  
Yilan County Government (03) 9312152

## TRAVEL NANA O

宜蘭勁好行  
iBus國光客運宜蘭線  
KUO-KUANG MOTOR  
TRANSPORTATION朝陽國家步道  
Chaoyang National Trail

步道位於南澳村朝陽社區南側的龜山山丘上，步道有三個出入口，主入口位於朝陽漁港旁，由此進入至龜山最高點後，步道一分為二，主線全長二點二公里，腳程約一個半小時，支線較短，約八十分鐘腳程。可欣賞難得一見廣達7公頃的大頭茶純林及百年老梅樹。而登龜山賞日出、聽濤聲更是漫步朝陽步道最愜意的享受。

The trail is located on the hill of Guishan Mountain (Turtle Mountain) on the south side of Zhaoyang. Community in Nan'ao Village. Among the three entry and exit points of the trail, the main entrance is situated next to the Zhaoyang Fishing Port. The trail rises all the way up to the summit of Guishan Mountain, and splits into two. The main course is 2.2 kilometers long, a 1.5-hour walk. The sub-route is a shorter 80-minute walk. The trail leads visitors to an incomparable forest of 7-hectare Gordonia axillaris (fried egg plant) and a century-old plum tree. Hiking up the Guishan Mountain, watching the sun rise, and listening to the distant sound of waves, these are the most relaxing enjoyments of the Zhaoyang National Trail.

碧候溫泉  
Pyahaw Hot Spring

碧候溫泉坐落於南澳鄉碧候村泰雅部落，位在宜蘭縣境之南，與屏東縣牡丹鄉旭海溫泉、新竹縣五峰鄉清泉溫泉，同列全台三大秘湯示範區。園區採露天風呂形式，山林野溪環繞，泡湯同時，可聽溪水聲，可看山景，是極佳享受。泉質屬於碳酸氫鈉泉，水質透明無色，帶點硫磺味，即俗稱的「美人湯」。在此四周青山環抱，處處有蟲鳴鳥叫，為泡湯新秘境。

Situated in the Atayal tribe in Pyahaw Village, Nan'ao Township, Pyahaw Hot Spring sits to the south of the Yilan County boundary. Pyahaw Hot Spring, along with Syuhai Hot Spring in Mudan Township, Pingtung County, and Qingquan Hot Springs in Wufeng Township, Hsinchu County, are the three largest demonstration zones of secret baths in Taiwan. Pyahaw Hot Spring Park adopted the open-air bath style, surrounded by mountains, forests and wild streams. Visitors may listen to the gurgle of the stream and enjoy the scenic sight of the mountains while immersing themselves in the hot spring, the combination is sublime. The water of the Pyahaw Hot Spring contains a large amount of sodium bicarbonate, is colorless, and has a slight odor or Sulphur. It is also known as the "beauty hot spring". Surrounded by green mountains, bird chirps and insect buzzes can be heard everywhere, making this location a new secret hideaway for hot spring bathing.

神秘沙灘  
Mystery Beach

南澳神秘沙灘坐落於宜蘭縣南澳鄉武塔村，位於太平洋岸邊，擁有6至7公里的狹長海岸線。以壯觀的斷崖絕壁和海蝕洞群而聞名，也曾是古代古道的一部分。遊客需在退潮時前進，沿途欣賞太平洋美景、高聳的綠意峭壁和濱海植物。步行約2公里即可見到海蝕洞，5.5公里處有最大的洞穴，深達10公尺，壯觀且奇特。南澳神秘沙灘是大自然的奇觀，吸引著探險者和風景愛好者前往。

The Mystery Beach of Nan'ao sits in Buta Village, Nan'ao Township, Yilan County, neighboring the Pacific. It has a 6 to 7 km elongate shoreline. The Mystery Beach is famous for its majestic steep cliffs and sea caves and was once a part of the ancient trail. Visitors must proceed when the tide ebbs and enjoy the scenic sight of the Pacific along the way, along the tall cliffs that extend into the sky and the coastal plants. After an approximate walk of 2 km, the sea caves would come into sight. The largest sea cave sits at 5.5 km with a depth of 10 meters, both marvelous and distinctive. The Mystery Beach of Nan'ao is a wonder of nature, attracting numerous adventurers and scenery lovers.

金岳瀑布  
Jinyue Waterfall

南澳金岳瀑布位於南澳北溪支流鹿皮溪上游，被譽為「全台最美麗的溪谷」。瀑布高約30公尺，水花四濺，潭水如碧綠寶石，澄清見底。它分為七層，第一層潭水淺且清澈，適合戲水和野餐。第二層具有天然石壁滑水道，再往上層，難度增加，需要溯溪裝備和經驗豐富的教練。金岳瀑布曾是電影場景，吸引許多遊客前來欣賞這個令人難以忘懷的絕美景點。

Located in the upper reaches of Lupi Stream, a tributary of the Nan'ao North River, Jinyue Waterfall of Nan'ao is acclaimed as "the most beautiful valley in Taiwan". The waterfall stands 30 meters tall, with water splashing into the atmosphere. The water in the plunge pool glimmers a color as green as pure emerald, so clear that the bottom of the waterfall lake is visible. The waterfall can be divided into seven levels. The first level is shallow and clear, suitable for splashing around and picnicking. The second level has a natural stone wall waterslide. The levels above are more challenging, river trekking gear and an experienced instructor are needed. Jinyue Waterfall had been the filming location for movies, attracting numerous visitors to admire such an unforgettable and beautiful scene.





### Information Station – Truly Outstanding Friendly Service

“Excuse me, where can we taste great food?” “Excuse me, what are the specialty products of this region?” If you have any question during your journey in Taiwan, come to the Information Station and say “Excuse me~” You may be pleasantly surprised!

In order to help independent travelers have their question answered via friendly, Taiwanese-style service, the Taiwan Tourism Bureau has collaborates with friendly stores and service providers throughout Taiwan to establish “Information Stations” that help visitors in Taiwan.

You can spot an “Information Station” by its yellow, round “Information Station” sign with black letters. Besides wall maps and friendly travel information services, the station also has a Wi-Fi hotspots and QR codes that guide visitors to a variety of cloud-based travel services.

Information Stations add “local characteristics” and “hospitality” to your journey. The aim is to create moving experiences that will encourage visitors to come back time after time, so that they can continue to enjoy the beauty of Taiwan and the warm hospitality of her people.

Come on, don't be shy; everyone is invited to make inquiries at the “Information Station”!

**24HR toll-free travel information hotline: 0800-011765**



### 借問站 友善服務真正讚

「借問一下，哪裡有好吃的？」、「借問一下，這裡的特產是什麼？」。在旅行臺灣的旅途中有任何問題，來到借問站輕鬆的「借問一下……」，就會有讓人讚不絕口的驚喜！

為了以「歡喜相借問」的臺式熱情服務，協助自由行旅客解決疑難雜症，交通部觀光局特別與全臺友善店家與服務單位合作設立「借問站」，讓遊客輕鬆暢遊臺灣。

來到「借問站」的門口，您會看見黃底黑字的圓形「借問站」招牌，借問站裡除了有地圖資訊看板與友善的旅遊諮詢服務外，並設有WiFi熱點與QR code引導至雲端提供各項旅遊服務。

「借問站」讓您的旅遊過程融入了「在地」與「人情味」，就是想為旅人創造一遊再遊、一「遊」未盡的感動體驗，可看見臺灣之美，也感受熱情臺灣。請大家「免拍謝」，快去借問一下！

**24小時免付費旅遊諮詢服務熱線 ☎ 0800-011765**

借問站 | 橫豔辣椒美食文創館 祝您旅途平安順心 [廣告](#)



## 人生地不熟・一問解千愁

New Information Stations – Enjoy friendly experiences

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Tourism Administration, MOTC

### 周邊地區旅遊諮詢服務



宜蘭縣i-center旅遊服務體系 Yilan County i-center Travel Service System		
大里遊客中心 Dali Visitor Center		03-9780727
宜蘭縣頭城鎮濱海路七段11號 濱海公路121.3公里處 No.11, Sec. 7, Binhai Rd., Toucheng Township, Yilan County		
蘭博烏石港驛站 Wushi Port Visitor Center		03-9789078
宜蘭縣頭城鎮港墘路60號 No.15-30, Gangkou Road, Toucheng Township, Yilan County		
金魚厝邊 Gold Fish Space		0911-220-886
宜蘭縣頭城鎮中庸街32號 No. 32, Zhongyong St., Toucheng Township, Yilan County		
頤昇電動車-頭城店（協發自行車） Xiefa Bicycle		03-9311089
宜蘭縣頭城鎮沙成路52號 No.52, Shacheng Rd., Toucheng Township, Yilan County		
烏石港壹咖啡 Wushi Port Ecoffee		03-9779112
宜蘭縣頭城鎮港口路168號 No. 168, Gangkou Rd., Toucheng Township, Yilan County		
礁溪轉運站遊客中心 Jiaoxi Transfer Station Visitor Center		03-9872403
宜蘭縣礁溪鄉公園路16號 No.16, Gongyuan Rd., Jiaoxi Township, Yilan County		
寶島眼鏡礁溪店 Formosa Optical (in Jiaoxi)		03-988-0600
宜蘭縣礁溪鄉礁溪路五段58號 No.58, Sec. 5, Jiaoxi Rd., Jiaoxi Township, Yilan County		
香格里拉休閒農場 Shangrila Leisure Farm		03-9511456
宜蘭縣冬山鄉大進村梅山路168號 No. 168, Meishan Rd., Dongshan Township, Yilan County		
翔鈺租賃站 Siang Yu Bicycle Rental		03-9595968
宜蘭縣冬山鄉中正路3號 No. 3, Zhongzheng Rd., Dongshan Township, Yilan County		
宜蘭旅遊服務中心 Yilan Visitor Information Center		03-9312152
宜蘭市宜興路一段252號 No.252, Sec. 1, Yixing Rd., Yilan City, Yilan County		
冬山河親水公園遊客中心 Dongshan River Park Visitor Center		03-9502097
宜蘭縣五結鄉親河路2段2號 No.2, Sec. 2, Qinhe Rd., Wuje Township, Yilan County		
兩成商店(喜來富超商) Liang Cheng Shop		03-9301388
宜蘭縣壯圍鄉功勞村功勞路19-1號 No.19-1, Gonglao Rd., Zhuangwei Township, Yilan County		
國光客運 KUO-KUANG eBus		03-9567505
宜蘭縣羅東鎮傳藝路三段229號 No. 229, Sec. 3, Chuanyi Rd., Luodong Township, Yilan County		
利祥租車 LX Car Rental		03-9551616
宜蘭縣羅東鎮公正路27-5號 No. 27-5, Gongzheng Rd., Luodong Township, Yilan County		
大洲車站 Dazhou Train Station		03-9892018
宜蘭縣三星鄉大州村大州路84-15號 No. 84-15, Dazhou Rd., Sanxing Township, Yilan County		
武荖坑遊客中心 Wulaokeng Visitor Center		03-9952852
宜蘭縣蘇澳鎮武荖坑路75號 No.75, Wulaokeng Rd., Su'ao Township, Yilan County		
南方澳遊客中心 Nanfangao Visitor Center		03-9953885
宜蘭縣蘇澳鎮南正里江夏路85號 No.85, Jiangxia Road, Nanzheng Village, Suao Township, Yilan County		
海洋20M咖啡 Ocean 20M Coffee		03-997-3818
宜蘭縣蘇澳鎮造船路108號 No.108, Zaochuan Rd., Su'ao Township, Yilan County		
尚海旅行社 Sunhi Tour		03-995-4800
宜蘭縣蘇澳鎮太平路5號 No. 5, Taiping Rd., Su'ao Township, Yilan County		
祝大魚物產館 ZHU DAYU Culture Museum		03-995-1050
宜蘭縣蘇澳鎮江夏路52-2號 No. 52-2, Jiangxia Rd., Su'ao Township, Yilan County		
橫豔辣椒美食文創館 Pu Yan Lajiao Food Cultural and Creative Center		03-998-1828
宜蘭縣蘇澳鎮蘇花路二段276號 No. 276, Section 2, Suhua Rd, Su'ao Township, Yilan County		

### 借問站資訊



### 南澳鄉簡介

南澳鄉，宜蘭縣土地面積最廣，卻擁有人口密度最低的鄉鎮，其主要居民結構以泰雅族人為主。位於宜蘭縣最南端，鄰近蘇澳港的南方，因此得名「南澳」。地勢崇山峻嶺，天空湛藍，蔚藍的海洋與優美的自然景觀形成了它獨特的觀光資源，風景壯闊宏偉，擁有壯觀的山脈、碧綠的山谷、清澈的河流，以及美麗的海岸線。這裡不僅有壯麗的自然景觀，還有豐富的生態資源，吸引著遊客前來探索大自然的奧秘。當地的泰雅族文化也是一個重要的特色，遊客可以了解當地居民的傳統生活方式和文化傳承。

### Profile of Nanao Town

Nan'ao Township is the township with the broadest landscape and the lowest population density in Yilan County. Most of its population is comprised of the Atayal people. The name Nan'ao, meaning the south of Ao, originates from the fact that it sits nearby the south of Su'ao Port, in the southernmost region of Yilan. The terrain is mountainous and steep, the sky is clear blue, and the azure sea and beautiful natural landscape are weaved into a unique tourism resource with magnificent scenery, fresh green valleys, crystal clear rivers, and stunningly beautiful coastlines. Tourists are drawn to this township to explore the wonders of nature, not only for its spectacular natural landscapes but also for its rich ecological resources. The local Atayal culture is also an important feature, where visitors can learn about the traditional lifestyle and cultural heritage of the local people.



### 台灣好行・台灣觀巴

### 台灣好行 輕鬆出遊好方式

「台灣好行（景點接駁公車）」服務將旅客從景點附近的臺鐵、高鐵等交通場站接送至主要觀光景點，是想自行規劃行程又不想開車或跟團的旅客，節能減碳與輕鬆出遊的好方式。

### Taiwan Tourist Shuttle – The Easy Way to Travel

The “Taiwan Tourist Shuttle” is a bus service designed exclusively to help travelers, both local and foreign, get around Taiwan with the utmost convenience and economy. From Taiwan Railways train stations and High Speed Rail stations, the shuttle buses take travelers to nearby tourist attractions, covering all of the island's main scenic destinations. The Taiwan Tourist Shuttle is the easiest and most convenient way to travel for people who are without their own transportation and are not with a tour group. It not only allows them to plan their itineraries flexibly, but also resonates with the new tourism trend of energy conservation and carbon reduction.



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### 台灣觀巴 深度體驗悠遊臺灣之美

「台灣觀巴」集全臺灣各大景點，規劃多種精采套裝行程，悠遊臺灣特色風光、體驗在地文化，發現臺灣無限魅力！「台灣觀巴」可直接至飯店、機場及車站迎送旅客並提供全程交通、導覽解說、旅遊保險及低成行人數等貼心服務，讓您輕鬆體驗低碳小旅行。

### Taiwan Tour Bus – In depth Appreciation of Taiwan's Splendors

The Taiwan Tour Bus covers major tourist destinations in Taiwan with a variety of dazzling travel itineraries, allowing you to travel the beautiful island of Formosa with ease and discover her inýnite appeal! The Taiwan Tour Bus offers convenient, comfortable and friendly guided tours to a variety of top tourist destinations, with pick-up and drop-off at your hotel, airport, or rail station. Other thoughtful services such as travel insurance allow you to enjoy your sightseeing journey effortlessly and comfortably.



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